

A First Step Towards Success

UCC 101-005

First Year Seminar

MAT 011 Learning Community

Class Magazine



Fall 2008

Our Class

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What Inspires You?

Daniel Mendez: It's better to try than not to have tried at all.

Marjean Leneus: Joy comes in the morning . . . wake up!



Why Are We Here?

Marjean Leneus

Have you ever had a dream, where you're finally living on your own, and life isn't so hard anymore? I have, and college is the only way I can make that dream come true. With hard work, dedication, and late nights studying, I can bring that particular dream to life. I know you might have heard people saying that they have a "plan A, B, and C", well college is that plan I look forward to accomplishing. That is basically why I am a college student.

College is the door of opportunities. Attending college is my only opportunity of getting a career, it is an opportunity to stop looking for part time jobs that pay minimum wage. Money makes the world go round. With a good paying career I can actually build my future and fulfill that dream of becoming an independent man and also become a father of two. To really make it in this world, it is a must to have a career that you can make at least sixty thousand every year.

As a small child I watched my parents struggle to put food in the refrigerator and on the table. Then there was those long days and nights, with an empty stomach and refrigerator, I though that we were poor. It was just that our parents didn't make enough money to feed six mouths that had big appetites. I know things would've be different if they just had a college education. With a college education options do vary, because of the many careers that actually search for fresh new minds, with brand new ideas for their business.

Why ask why when it has to do with education? In a world full of drop outs and drug abusers, the whole idea is to make a world better place by putting our children though school and watch them become like you, if not better. I am in college to make a promising future for my children and other children to follow their dreams also. Many are just looking out for themselves. I watch in shame when I see others look down upon the poor in the street, that may had a bad break in life, or just made the wrong choices. I do it for the child that was brought up just to gang bang and run the streets and just looking for a way out but is just in too deep. I also do it for the ones in the urban areas that could not see high because of a stray bullet or an over dose on a drug. I do it for my parents that worked hard to see me grow to be a man of my own. I do it to see if I can make the change.

Why? Need I say more?



Sammy Vitale

My main reason for going to college is to get an education and degree in business. I think going to college is essential. Learning is a lifetime skill but it is so important to get a college degree when you are younger and then add onto it as you get older. Happiness is something I have in life but I know to maintain a good lifestyle you need a good education, good communication skills, and a good work ethic.

My Mom and Dad were never given anything and work hard for their accomplishments. My Mom says people can be successful without a college degree, however she always instilled in me it is something worthwhile to have. I think overall, most people are more financially successful with a college degree. My parents are in the medical field and they always are going to seminars and receiving continuing education. My Dad is a physician and he has to recertify every ten years in his specialty. He does a lot of reading to keep current on the advancing medical field. My parents have been positive role models for me and I understand the importance of an education.

I really enjoy going on vacation and being with friends. I think in order to maintain a good lifestyle, I know I have to personally work hard to obtain my goals to be successful. I eventually would like to start a small business of my own. There is a lot of knowledge needed to be able to understand the operations and regulations of a small business. I think college will give me a lot of the skills I need.

So far I am enjoying my Communications class and my small business management class. I find the business field fascinating and I look forward to the business classes.

I think you need to stay self motivated in college. Every day I remind myself of my goals and realize why I am in college. A lot of my friends live away and they really enjoy the social side of college. I do not mind living at home but I do enjoy meeting new people. Many of my friends come home on weekends and we communicate on line. Everyone says the workload is tough at times. We keep reminding ourselves why we are doing it so we can get our degrees.

I want to enjoy the good things in life. First, I want my health and the love of my family. After that I have to admit I love cars and I am fortunate enough to be driving one that I really love. I really want to enjoy the good things in life but I know I have to work hard to achieve my goals. So the reason why I go to college is so I can prepare to earn a good living for myself and one day be able to give my kids nice vacations and be in a position to help my kids. I also hope to be in the position one day of being able to help my community in some special way to make life a little easier for some children. Why I go to college is to prepare to make a better, financially independent life for myself.



Nicole Salvato

Why am I in college? Well I'm in UCC so I can transfer to a 4 year school. But to answer the bigger question, why am I in college, I'm in college so I can get a great job that I love and make lots of money. But let me be more specific.



My plans for the future are to transfer to Montclair University, after only 2 semesters at UCC. Then I'm going to major in accounting. After I graduate from Montclair University I'm going to take my CPA (Certified Public Accountant) exam, so this way I can get an accounting job. Without a college degree I can't take my CPA exam and reach my goal of becoming a CPA and working at an accounting firm in NYC.

So once I become a CPA i'll be making the "big bucks". With that money I plan on doing a lot of shopping and even more vacationing. More specifically though I one day want to own a vacation home in the Dominican Republic. This way me and my boyfriend Luis can go their anytime we want and spend time with his family.

One day after all my traveling I'll want to start a family. My plan is to get married around 28. After I have everything I've ever wanted like a big house here and one in D.R. The luxury car I want and seen everything I want. Then I'll start a family.



As you see though none of the above things would be possible without a college degree. I wouldn't be able to become a CPA or even have enough money to start a family. A college degree affects your entire future. That's why I'm in college, because if I want to make all that traveling and shopping happen I need a degree. So I can make enough money to afford it.



Franshell Soto

I am in college for many different reasons. A well-rounded college education will expand life's possibilities for me by steeping me in the richness of how our world and our nation came to be. As a result of my college education, I would understand how to accumulate knowledge. I would also learn more about how to appreciate the cultural, artistic, and spiritual dimensions of life. I would be more likely to seek appropriate information before making a decision. All these types of skill and information that would be learned would also help me realize how our lives are shaped by global as well as local economic, environmental, and physical forces. A college education would also be very beneficial on teaching me how to be more flexible in my views, more future oriented, more willing to appreciate differences of political and public affairs. I would be able to deal with bureaucracies, the advertising claims.



me realize how our lives are political, social, psychological, forces. A college education would how to be more flexible in my willing to appreciate differences of political and public affairs. I would legal system, tax laws, and

However there is another main reason as for why I am in college and it is because of my career, my goals, and my future. In the future I see myself being a psychologist and working with others. I picture myself in my own office at a mental hospital or at a prison, helping those who are serious in need for help and guidance. I am not the first person in my family who has attended college, but I would defiantly be the first to graduate and succeed with my goals.



Jaison Chacko

There are many reason why I want to go to college. I want to be well accomplished and successful. My goal is to get my bachelors degree in five years at the most. I'll be very proud if I can graduate before that. I'm attending college to make sure I have a successful future. I have one goal and that goal is to graduate.

In college I hope to make good and positive friends, or peers that can push and help me stay focused on my goals. I need to attend all my classes and be responsible for each of them by taking it seriously. Most importantly, I need to manage my time more efficiently. Preparation is a huge factor in order to be successful.

I am studying to be a radiologist. I want to do well and make the deans list so I have a good recommendation if I want to transfer to another school for my bachelors degree. Or I can just graduate from Union County College and then apply to another four year school. I want to be successful, I'll be a better man if I do and if I have a family I want to be able to support them with everything I have. I also want to be respected for the goals I will accomplish. Maybe one day have enough money to start my own business. Those are my goals while I am attending college.

Megan Sileo

Do you really know what you want to do for the rest of your life at the age of 18-20? Most Americans do not, and the ones who do may end up changing their mind after a year or two. The average person changes careers three to five times in their lifetime. It is much easier with a college degree to transition from one field to another, especially if it is 3-5 times. Over the past decade or two it has become mandatory in many American homes that each child of the family will go to college.

There are many reasons why students believe they should not go to college, yet there are solutions to every reason. Students believe since their family does not support them with a strong financial income, they will not be able to attend college. However, most students get financial aid to help pay for college, and most financial aid is based on need. This means that the less money you have, the more financial aid you may receive. Another reason people may object to college is because they do not know what to do with their lives. Well, join the club. Thousands of college freshmen haven't decided on a major or on a career. College gives you the opportunity to learn more about what's out there. You'll be exposed to a variety of academic subjects, people, and new perspectives.

Even though you may not have been the brightest kid in class, trying really won't hurt you. By attending college, you will gain information and skills that you will use for the rest of your life, no matter what career you choose. College will enable you to expand your knowledge and skills. Another positive outcome college will do for you is it may increase your understanding of the world and your community. Whether or not you are successful in college, the skills and knowledge you attain will help you for the rest of your life.

A college education secures our future. The number of employment opportunities are greater and statistics reveal that most leaders are college graduates. If you have a college education, you are guaranteed to live a comfortable life. If a high school graduate earns \$34,000 annually, a college graduate will earn \$56,000, and a person with a professional qualification will earn at least \$99,000. Which income would you rather pick? Of course earning between 56,000 to 100,000 would be the better solution. If you don't think you are fit for college, you should at least give it a try. There is nothing negative about having a college degree. Although it may be a little frightening, it is all worth it in the end!

Gloria Morales



I'm in college to try and live a better life than my parents did. My parents always tell me about how hard it is to live life with no education. I believe them, especially nowadays, that it's really hard to find a job. I think if I finish at least two years in college I have a better chance of getting a decent job to live off of, rather than getting a job with only a high school diploma.

I want to become a nurse, and in order to become a nurse I need a college education. I've wanted to be a nurse since I was very young. I love to care for people. I love making people feel comfortable. I believe it is my purpose in life. I especially love taking care of babies. I want my career as a nurse to revolve around that.



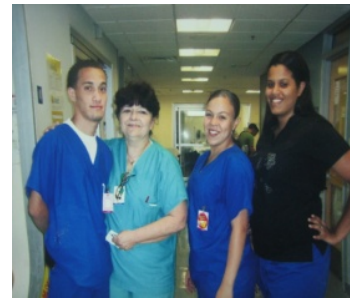
Another reason I'm in college is because I want to go visit my host family in Japan. When I was in high school I received a sort of scholarship to go live in Japan for two months with a family. I want to visit them again, but want to be able to have a conversation in Japanese, so I can communicate with them in their language.

Sierra Abad



In my opinion, College is not for everyone. College is only for those students who truly want to attend school and take their future seriously. It is a very major decision considering the time the responsibility and not to mention the expenses that go along with College. It would sadly be a waste of time for someone to attend College who does not want to be there. I feel it should solely be up to the person whose future is at hand to make the decision to go to College or not.

At first, College was the last thing on my mind. I hated high school that I attended and could not wait to graduate. The thought of more years of schooling haunted me in addition to so much going on in my life I did not take school seriously. I started hanging out with the wrong crowd and went down the path. At fifteen I started dating someone who was a bad influence in my life. By the time I was sixteen and in my junior of High School, I became pregnant. During this period of my life very lost due to the bad influences. I decided to drop out of and leave home and moved in with my boyfriend. This relationship grew violent and life threatening for not only me but for the baby I was carrying. In the sixth month of my pregnancy, I finally snapped back to reality and realized it was time to get out. I moved back home with my mother and decided I needed to start over and get my life back on track.



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Within a week I was enrolled in an Adult High School. While attending this school, it not only gave me the opportunity to get a High School Diploma, but also gave me life-changing experiences. I joined a group called Youth Corps. Youth Corps is a group where students earn credits towards their high school diploma by simply doing community service and it offers you a chance of an internship in a career field of your choosing. My career choice was to become an Ultrasound Technician. I randomly chose to do my internship at Trinitas Hospital where I had the opportunity to assist the doctors and nurses in the Emergency Room with hands on training. I actually experienced and eye witnessed the beginning of life (birth) and the ending of life (death). While doing my internship at the hospital and by working in the Emergency Room, this experience influenced me to reconsider the thought of being an Ultrasound Technician and to go into the field of Nursing.



At this point of my life, I had my daughter. She really opened my eyes and I realized that is was no longer about me. I also realized that everything I do and whatever decisions I make will affect her life as well. This is when I finally decided that I not only wanted, but also needed to go to college to make a better life for my daughter. Since I really enjoyed my internship at Trinitas Hospital, I thought that nursing would be a better career path not only for the money, but also because I enjoy helping people. My mother is extremely supportive about my decision to attend college and is also excited

that I decided to work towards my bachelor's degree for nursing.

Luckily I am receiving financial aid to help cover my tuition and books. Although my college tuition is covered, there are still other living expenses to consider while being a single mother at an early age and while living with my mother who is also a single parent. I not only attend college, but I am working two jobs to help pay for childcare and assist financially at home. This responsibility has become very stressful times, but attending college and getting an education will be my best to help relieve the stress in the long run. It is my gateway towards a better life in the future for my daughter, mother and me.



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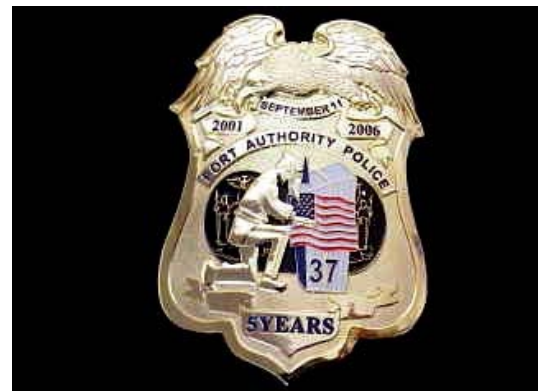


When I graduate from Union County College, I plan is to continue my education and transfer to another college to earn a bachelors degree in Nursing. I haven't decided which college it will be yet. My first reason for attending college is to get a better education and to obtain a degree in nursing to provide for my family. Secondly, I want to be a role model for my daughter. Last but not least, my goal is to erase the stereotype about teenage mothers ruining their lives. I want to prove that through hard work and determination anyone can to it, regardless of his or her circumstances.

Daniel Mendes

Why I am in college. Even though its been a few weeks since I started I'm still uncertain for the future.. I still stand on the reasons on why I'm going to thesis college but honestly I haven't really learned much. I still enjoy how close the college is to my house. It also benefits me when I go to work because my last class is done around 2:15 and I start work at three and its pretty much on the way back. My major right now is criminal justice and I plan on staying with this. If I had a second it would be Liberal Arts since that can guar teen me a job anywhere. The four degree isn't something I'm going attempt. I'm already spending extra semesters here and not getting any credits so I doubt I would want to do four. I really wanted to be a cop but now I kind of gave up on that. If prefer to be Csi agent or something else. My choice was based on that fact that I don't really have anything that makes me better over the next person applying for the same department,. As long as my degree is in criminal justice, there's a wide variety of different jobs in that field, If there's a chance I don't get a job in the criminal justice field the degree will help at least for better pay and better oppturintiy for any average job out there. I do hope to makes lot of money though because who doesn't love money. I still would like to travel and the first place I'm going is Japan. I always wanted to visit a coral reef or some beautiful island. Of course traveling is not the only reason for getting a college degree Getting the degree is a great sense of accomplishment.

I'm still including a picture of a police badge because I still have some hope for that. As for what this means to my parent is more of them telling the rest of the family that I went to college. They never really helped me through out high school and expect to college to be no different. My mom is under the impression that a degree is guarantied a job. I mean its best to have one but she doesn't understand how things work now a days. Now I do plan on taking extra courses for the original career I had in mind. That was to become a marine biologist. I always like being near water and my favorite types of animals were fish. Also you probably get to visit some of the most beautiful places out there. I guess what changed my mind was my friends. I know going in I wouldn't be making much money but I didn't care. I got tired of listening to the constant jokes of how boring my job would be so I guess you can say I gave up on it. College is still a rough time and I really don't seem to be adjusting to it, but then again this is my first year so I have to wait and see.



Diana S. Oliveira



There are many reasons why people decide to go to college. Many may go to further their education, others for personal reasons. For me, it's to gain the education needed to receive a bachelor's degree in Early Elementary School Education.

As a child I always dreamed of becoming a teacher. Of being able to inspire children to love school and enjoy learning. I love the innocence of a child and the ability they have to grasp different things. That being said, I knew it was the career choice for me.

In high school I was very lazy and thought I could make it

in the real world with a boring full time job. Well after many years of hopping from one job to the next I began to realize I would not be able to do this for the rest of my life. I knew that even if the jobs paid well, they weren't what I wanted to do. I want to be able to wake up every morning and be excited to go into work and make a difference in someone's life.



So, that and the inspiration from my boyfriend triggered me to go back to school. Now I am eager to complete the four years of college needed to become a kindergarten or first grade teacher. With the love and support of my parents, boyfriend, and close friends I know it will happen!

I was never very motivated to go out there and do what I'm doing now. The fear of failure and rejection always held me back. But when one has someone that loves them and only wants the best for them by their side, anything is possible. Knowing that having a career will benefit me in the future definitely pushes me to do better.



I've always dreamed of owning a beautiful house, having children, and owning an expensive car. But I knew if I wanted these things I would have to work hard for them.

So here I am, at the beginning of my journey. Hopping someday all my dreams can become reality.

Cynthia Miranda

College? What can I say about it? I have dreamt of college since freshman year of highschool, and I had one pick out by junior year. I worked, I studied, I did everything I could and now that I'm in it I am overjoyed to be part of this experience. True, I'm in college because I want to have a career and it depends on four years of higher education. Yes, like most I like the freedoms I have now are better than the ones I did when I was in highschool. I like being spoken to like an adult then have certain responsibility as an adult. College is a lot to me and to be the first in my family to go is a great honor. I enjoy every day and I always want to learn and see different assets of the world. College for me means I'm growing to be independent from my parents and needing to count on myself to get by. That college life, or rather the way I see it.

I have been told that college is not for the faint of heart but to have a greater understanding of the world will help me grow in more than one way. It's hard to tell you the truth that I still have some high school in me and have not time I had or didn't have, sometimes I would rather sit study for a course. That is how in mind and in spirit I'm more everything that college is still need to work harder and because I still haven't become a college because I want to be an years of college plus law school, and I'm lucky that it does because it's a great experience so far and I'm very lucky to be in Union County. College is great for anyone that wants to be here. If you don't you won't get to far, I know what it means to be so close and yet so far. What matters is that I'm here.



really given that up. The changed greatly and and read a good book a I still am adjusting to college. then ready and I enjoy offering me at this time. I push myself even further college student. I'm also in attorney, and it calls for four

My promise for the rest of this semester is to push myself more and do much more. I want to do the things I was never required to do in high school. Focus and keep my focus on whatever I'm learning because that is what I need or better yet, it is what will get me to graduate. I enjoy, college and I really hope that what I love now will stay with me for a long time because I really know what it means to a "College Student."

What Inspires You?



Megan Sileo: Relax!

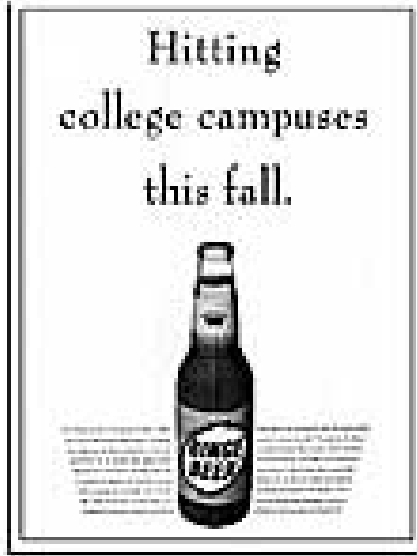
Nicole Salvato: You can't spell success without UCC!

College Binge Drinking

By Nicole Salvato, Boris Analuisa, and Stephanie McElroy

Binge drinking is defined as consuming five or more drinks for men or four or more drinks for women in a row, usually within two hours. Most college students may think that this is the “cool” thing to do, but what they do not know is that there are many severe consequences to binge drinking.

One major consequence that binge drinking could lead to is death. A student could either die from drunk driving or alcohol poisoning. There are 1,400 college students killed between the ages of eighteen to twenty-four due to drinking. About half a million of students are injured. Six hundred thousand incidents of assault and over 70,000 date rape cases or sexual assaults have involved alcohol use. Most students often go to parties the day before they have a class not thinking about how it can affect their academics. Students may experience exam failure, lack of attendance, and they may start to fall behind in their classes because of drinking (“College Drinking Statistics”).



When people drink, they sometimes feel that they are invincible and that they can do anything they want to without getting hurt. This often leads to drunk driving. Over two million students a year operate cars or other means of transportation while drunk. If a college student does not die of drunk driving or overdosing, about one half percent of students have said that they have attempted suicide due to alcohol or drug use. Over ten percent of college students that are drunk have vandalized property, whether it is their own property or someone else's.

Property damage is one of the major issues that colleges deal with (“College Drinking Statistics”).

Sarah Panzau, was a volleyball player on a full scholarship, who quit school so she can party and abuse drugs and alcohol. However, after Sarah had been drinking for eight hours straight, with an alcohol content at “0.308”, she thought she was ok to drive, since she’s done it so many times before. Sarah wasn’t ok to drive and she found herself taking a turn way to sharp and flipped her ‘96 Saturn over. Sarah hadn’t been wearing a seat belt either. At first the paramedics who first arrived on scene thought she was dead because her heart stopped and she had bled so much there was no more coming out of her. Sarah did wind up surviving, but not without injuries that will remind her of what she did for the rest of her life. Sarah had to have 30 surgeries, she lost her arm, and wakes up in pain every morning. Sarah now is a public speaker who warns students of the dangers of alcohol. However, Sarah was lucky; there are many others who aren’t as fortunate, so think before you get behind the wheel after drinking (Dubin pg138-139).

There are some steps in which, people can take to deal with bad drinking habits. “Establish goals”, start by writing down thoughts and let that be a “guide” to start establishing some goals. “Get support”, let friends and family know you’re trying to kick old drinking habits. “Take a break”, set one day to chill out and not drink, once you get through one day make it 2 , 3, 4 and etc. “Ward off temptations”, avoid places where you would feel tempted and pressured to drink. Most of all don’t give up, keep goals in mind and remember were your headed (“5 tips to stop drinking”).

In conclusion, everyone at one point or another drinks, or feels pressure to drink. People are going to continue to drink, especially college students. Make sure you know the limits, and don’t let other things slip through the cracks just to party and get wasted. Keep in mind that college is for an

education, not to party. Keep the goals in mind, you wouldn't want one night of partying end your life and the future you've mapped out.

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What Inspires You?

Sierra Abad: If you don't stand for something you'll fall for anything.

Gloria Morales: The past is the past, and the future isn't even here yet.

Francis Thompson: Do what you love.



Four-Year Colleges

Cynthia Miranda, Sammy Vitale, Jaison Chacko, and Diana Oliveira

Our group decided to discuss our goals and how to transition from a two year college to a four year college. Our group looked at Rutgers University, Montclair State University, and Fairleigh Dickinson University. Many community colleges have direct transfer agreements with at least one four year school. These agreements allow you to transfer all your community college credits to a participating four year school that has accepted your transfer application. It is important to contact your school's advisor to determine you are fulfilling all the academic requirements.

It is essential to start planning your transfer in your first semester. Outline your short and long term goals. Inquire about financial aid and if it is transferable. It is very important to keep your grades up. Choosing a major is helpful in fulfilling the requirements in a short period of time. Four year schools accept transfer credit only from accredited schools. Questions to ask include, how many credit hours can be transferred, are SAT or ACT scores required, how are GPA's calculated and what is the academic success record for transfer students.

Selecting a four year school requires time to evaluate which academic subjects and aspects of campus life appeal to you. The cost is important to know and if financial aid will be available. Inquire about campus housing and if you will have to live on campus or commute. Many people attend community college for financial reasons. Planning a transition from a two year school to a 4 year school takes a lot of planning and preparation to assure an easy transition.



Our group looked at Rutgers Undergraduate programs. The College of Art is a four year program leading to a Bachelor of Arts degree in Art offers Rutgers students at the Camden campus a variety of concentrations which include art history, computer graphics, graphic design, museum studies, painting, printmaking , photography, and sculpture. Students are given the option to design their own interdisciplinary majors to prepare for career in art therapy, medical illustration, advertising, and other fields. The full-time studio art faculty members are professional artists who have contributed their works to major exhibitions throughout the US and abroad. Scholars in classical, Renaissance, and modern art are included among the art history faculty. Students at Rutgers are offered a great educational experience especially in the College of Arts.

Rutgers College of Science offers students a wide variety of studies. The environmental science majors provides an understanding of the biological and physical sciences and their applications to environmental problems. Health sciences are offered. Regardless of your career choice, increasing your marketability to employers through internships, responsible work experience, good grades, and involvement in college activities can all be achieved at Rutgers University.

Our group decided to discuss our goals and what four year colleges we would like to attend. We all want to continue to commute. It is important to each of us to do well at UCC so it will be easy to transfer once we have our AA degree. We find it financially cheaper to go to UCC for two to three years than to have gone to a four year school. We decided it is a good idea to set our goals early and know the requirements of each of the four year colleges.

Some of us would have liked to have gone right to a four year college but couldn't because of different reasons. The affordability is one issue, our high school records and standardized test scores, and some of us didn't want to go away to college. The community college offers a great education and is a great start.

It seems really important to decide what you want to major in so you can take the correct courses and move onto a four year college as soon as possible. The transition may be difficult but if a person has good study habits and are able to balance their schedules, they should have a successful college career. Transferring from a Community College to a four-year school, it is important to learn about the transfer program, make sure your credits are transferable, talk frequently with an advisor, and learn about the college's articulation agreements.

What Inspires You?



Stehanie McElroy: The greatest freedom is to believe in yourself."

Diana Oliveira: If at first you don't succeed, don't give it! Just try again!"

Boris Analuisa: Hard work pays off!

Drugs

By Sierra Abad, Gloria Morales, and Francis Thompson

Our presentation was about how drugs can be bad for college students. We talked about marijuana; also popularly known as bud, weed, and buddha, and how the effects could be harmful. We also talked about alcohol abuse and how alcohol could kill students. Also about the side effects of alcohol abuse.

Our group talked about an article we found called "A college student's death may help save lives". The article told us about a girl, Samantha Spady, who died because of alcohol. She took shots and drank thirty to forty beers over an eleven hour period. Her friends left her alone in a room so she can sleep it off and later they found her dead.

By sharing this article with our class, we were trying to inform our classmates that binge drinking is a really bad idea. We are all still young and should be careful with how much alcohol we consume. Thousands of college students die each year because of alcohol related situations and if they don't they die, they'll most likely end of being an alcoholic.

The side effects of alcohol abuse effect the mind and body. It effects the mind by impairing your judgement and mood swings. The physical effect is ulcers, liver problems or just death. Abusing alcohol isn't just bad for the person whose drinking, it also effects the family of the person drinking.



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"Dance? You're kidding, right? I may be impaired, but I'm not visually impaired."

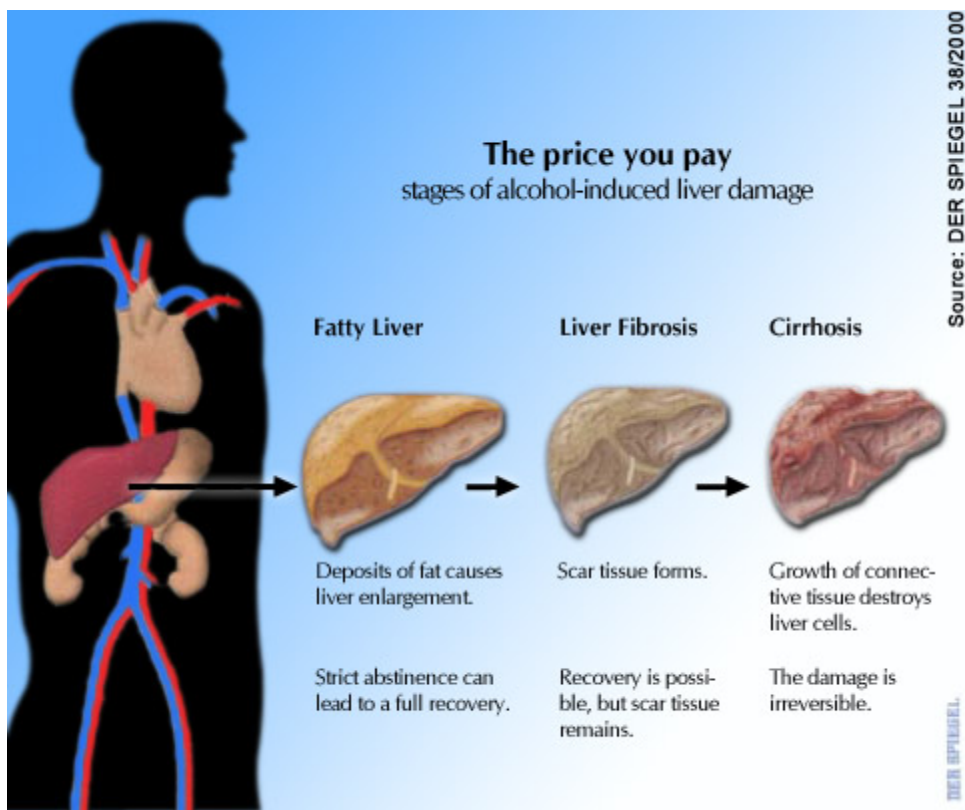
Another drug we spoke about is marijuana. You can't die from marijuana unless you smoke your body weight, which is impossible because you'll end up just falling asleep before you get to that point. Some negative effects of marijuana include;short term memory loss, trouble with thinking, and loss of coordination. Another negative effect of marijuana is that it can be a gateway drug to other drugs, but it's also about will power. People just have weak minds and let the drug take control, when it should be the other way around.

A large percent of college students abuse marijuana, and they find new creative ways to smoking. The common way is to break up the bud and put it in a dutch or in rolling paper, and just smoke by inhaling and holding it in your lungs. But college students use different types of bong, bowls, and vaperizers.

Most college students get high on a daily basis because of there freedom and no parents, they don't need to hide it anymore. When they get out of college hopefully they can stop smoking daily or make a commitment to stop before it's too late.

So in conclusion there's nothing recreational about drug abuse. Students are going to drink to get drunk and they won't stop unless they want to, but what's so fun about getting so drunk to the point where you can't stand and throwing up all over the place. For students who smoke marijuana daily, it's fun at the moment but the after effects will mess you up in the long run from all the abuse. What's so fun about that ?

Works Cited needed



What Inspires You?

Cynthia Miranda: The world meets no one half wayl you need to stop and take what you want.

Jaison Chacko: Change. (Tupac Shakur)

Sammy Vitale: With great power comes great responsibility.

Joy Fuhro: Those who don't know their history are doomed to repeat it.

